

D: Substance Misuse/Abuse Awareness

Class	Description	Contact Information
Lieutenants' Interactive Forum for Education Class (8 hours)	<u>Mandatory class for EBD participants.</u> Decision making class.	EBD Unit (562) 347-1053
Deputy Leadership Institute (16 hours)	Two day leadership course for sworn personnel and professional staff.	PDU OAll Norma Whitman (562) 347-1057
Ethics Class (8 hours)	Students will evaluate ethics as they are used in personal and organizational environments.	EBD Unit (562) 347-1053
Behavior Stress Management (4 hours)	Training in behavior techniques that will allow employees to better identify and manage stress.	Psychological Services Bureau (213) 738-3500
Anger Awareness-Management (4 hours)	Training in principles and techniques aimed at defusing tense situation and assisting individuals in self-regulation.	Psychological Services Bureau (213) 738-3500
Relationship Management-Conflict Resolution (4 hours)	Training in principles and techniques of managing conflict in a variety of different relationships (co-worker, marital, friend, supervisor, etc.).	Psychological Services Bureau (213) 738-3500
Alcohol Education for Law Enforcement (8 hours)	Participants will discuss the use and effects of alcohol.	Psychological Services Bureau (213) 738-3500